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portfolio – press release for teleworkshop

PRESS RELEASE
For Immediate Release

Headline

Permission2Grieve.com Founder Opens Registration for Online Workshop to Explore Grieving as a Catalyst For Spiritual Awakening

Subheadline

Using an unconventional approach to grieving, Karen Mehringer and Charlon Bobo collaborate to deliver online workshop to a worldwide audience with distinct message about engaging grief as a tool for spiritual awakening and evolution

Santa Cruz, CA – August 16, 2012 – Founder of Permission2Grieve.com, Karen Mehringer, today announced the official registration launch of an innovative online workshop: Grieving: A Catalyst For Spiritual Awakening.

Partnering with Charlon Bobo of Standing In POWER, together they are committed to delivering a message of inspiration and hope for anyone who grieves loss, but wants to use it as a catalyst for personal and planetary transformation.

Mehringer says, “As a grief counselor, I see it all the time in the personal struggles of my clients: our society doesn’t permit us to grieve. We don’t give ourselves permission to feel the fullness of these deep emotions, and

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yet that is the only way to truly heal. Charlon and I are living examples of what's possible when we actually engage the dynamics of grieving to do more than heal; to be spiritually transformed. And we want to share the most essential tools we used in our own grieving experiences with as many people as possible."

Using an unprecedented combination of energy techniques and practical, real-world tools, information presented during the workshop has the power to propel participants beyond grief and into living again with a renewed sense of hope and a solid basis for a profound spiritual awakening. "It is our intent that attendees leave with everything they need to fully embrace life once again as awakened beings. For many, they have been in despair for years and it's time they know that not only is it healthy to grieve, if they allow the process, it can enrich their lives in miraculous ways," says Bobo.

"Grieving: A Catalyst For Spiritual Awakening" will be hosted via telephone and webcast on Wednesday, August 29, 2012 at 8 PM Eastern. Registration required. \$30 early-bird credit available before August 24, 2012. For full details on this 2-hour online workshop, visit Permission2Grieve.com.

Karen Mehringer is a bold and courageous woman who has experienced many losses and has learned to navigate the grieving process to create deeper meaning and purpose in her life. As an author, speaker and grief counselor, she has assisted hundreds in healing and transforming their grief and restoring their vital energy and passion for life.

As a revolutionary, Charlon Bobo is intimately knowledgeable and skilled at transforming grief into an extraordinary life. She is a living model of embracing and actively engaging all life experiences to live with fullness and joy. Serving a global audience, Charlon is a best-selling author and

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revolutionary copywriter who equips women with real-world tools for living with clarity, precision and authority.

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