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portfolio – author bio

About Alaya Barnes

Founder of Vibrational Child, Energy Healer and Spiritual Guide for Birth Mothers and all Potential Parents

Alaya Barnes discovered her life purpose after many years of personal and professional exploration. She knew from a very early age that she had a specific contribution to provide to the world, but it wouldn't become clear until much later in life what that was. Now it's taken full form as Vibrational Child.

Using a diverse blend of professional experiences, including the pursuit of degrees in biology and theology, paired with her unique personal calling, Alaya's purpose is to provide tools for empowerment and growth to help parents welcome their children to the world and to allow them to develop, grow and flourish. She helps women connect energetically with their children, even prior to conception, and throughout the various stages of becoming and being a mom.

Alaya says, "I am delighted to be a key player in the paradigm shift in birthing and parenting taking place on the planet right now. I connect to the babies and parents on the soul level, to create smooth and gentle transitions from conception to birth and beyond."

For the last decade, Alaya has shown people how to heal trauma, evolve and take quantum leaps, and learn to embody their souls. This led to her current work, helping soul beings to incarnate into their bodies.

Sometimes people are drawn to Alaya and don't truly know the source of their need. One client who was pregnant with her second child was feeling overwhelmed. "Once in the session, her baby got my attention and told me that he needed my help because he could not get into her energy field to build his body," says Alaya "He showed me the difference between her field and his and told me that he brought her to me. This is a key and pivotal story in my understanding of what is happening on Earth

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now, with these new kids coming and what they and their moms need from me in the way of assistance. Based on my own childhood experiences, I have an insider understanding of exactly what will help both the parents and the children.” He’s now a healthy baby boy.

Alaya assists clients in understanding telepathic connection and communication, which is rooted in her own pre-birth memories. She remembers starving; kicking to get the attention of her mother. In her 20s Alaya interviewed her mother who told her that she only gained 10 pounds during her entire pregnancy because she was told by her doctors to avoid excess weight gain. In her work, Alaya emphasizes that mothers should maintain their inner knowing and listen to their own bodies and their own intentions first and foremost.

She earned her bachelor’s degree in biology with minors in psychology and theology from Boston College. Years later, she, became an interfaith minister and developed her bodywork channeling skills and worked with countless clients to establish a solid and fertile foundation for her work. “This has been an ongoing process of discovery. Now I know my gifts include working with parents and babies, to witness as they blossom, and to bring joy into birth. The process is magical, and I am deeply blessed,” says Alaya.

Perhaps the most rewarding aspect of Alaya’s unusual collaboration with parents is paving the way to conception, both physically and emotionally, and literally connecting to their babies waiting to be born. “Together, we open the potentials for ecstatic birth,” says Alaya. “Finally, parents learn to connect and communicate with their baby to develop the most joyful relationship possible.”

Alaya is a seed member of Luminescence, working in direct collaboration with Duane Packer and Sanaya Roman. Alaya also counsels clients and teaches classes on topics related to growth, empowerment and embodying the Divine Self. She is a member of the Association of Prenatal & Perinatal Psychology and Health.

She lives and practices in Venice, California.

For more information, visit www.vibrationalchild.com and alayaoshira.com